

Other Summer Activities

Mountain Biking	Paved Bike Paths	Hiking	Gym
Bowling Alley	Horseback Riding	Gun Club	Golf
River Rafting	Paragliding	Fishing	Boating
Olympic Size Pool	Two Heated Pools	Sauna	Hot Tub
Full Service Salon	Massage Facilities	Art Galleries	Shopping
Outdoor Concerts	17 Tennis Courts	Restaurants	

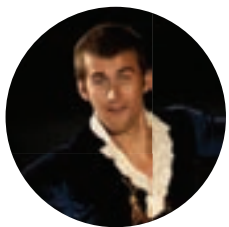
Dine at the famous Lodge Terrace, where guests may watch world-renowned skaters practice for the Sun Valley Summer Ice Shows.

For more information and to download registration forms please visit our website www.sunvalley.com/icelessons.



Summer Ice Shows

Join the excitement every Saturday night at dusk, July 4th through Labor Day. Call the Sun Valley Recreation office for information and tickets:



Ryan Bradley
US Gold Medalist

"Sun Valley is the most anticipated time of my year. It is my little home away from home. I hope to keep coming back for the rest of my life."



Sun Valley Skating School

208.622.2193 • skatingcenter@sunvalley.com
sunvalley.com/icelessons



Keep in touch for exciting kids' programs and events throughout the season.



78th
ANNUAL

Summer Skating School

June 23–August 22, 2013

Sun Valley Skating School Coaches

Lisa Marie Allen

Coaches: Freestyle, Choreography
Email: Lmask8r@aol.com

Darlin Baker

Coaches: Freestyle, Dance, Moves in the Field & Choreography
Email: darlin@darlinsdarlins.com

Jonathon Hunt

Coaches: Freestyle, Pairs & Pole Harness
Email: jonathonhunt1@yahoo.com

Julie Barnett

Coaches: Freestyle, Dance & Moves in the Field
Email: ronandjulieedge@cox.net

Judy Blumberg

Coaches: Dance, Freestyle, Moves & Choreography
Email: judybnnyc@aol.com

Brent Bommentre

Coaches: Ice Dance & Moves in the Field
Email: skaterbab@aol.com

Ryan Bradley

Coaches: Spins, Jumps & Basic Skills
Email: ryansbradley1@gmail.com

Ty Cockrum

Coaches: Ice Dance, Moves in the Field & Choreography
Email: genetyrrell@mac.com

Ashley Clark

Coaches: Style, Choreography, Freestyle, Spins, Moves in the Field & Dartfish Certified
Email: sk8erclark@mac.com

Joel Dear

Coaches: Ice Dance, Choreography & Aerial Skills
Email: jdearonice@yahoo.com

Sonya Dunfield

Experience in all areas of skating from beginners to Olympic Medal pupils.
Phone: 208.622.7126

Stephanie Grosscup

Coaches: Choreography, Spins, Moves, Style & Line
Email: spinsfaster@gmail.com

Gia Guddat

Coaches: Freestyle, Choreography, Style & Clinics
Email: giaguddatSV@aol.com

Anita Hartshorn

Coaches: Freestyle, Moves, Pairs & Choreography
Email: fandaice@aol.com

Craig Heath

Coaches: Spins, Freestyle & Choreography
Email: cheathbar1@aol.com

Michele Monnier

Coaches: Figures, Freestyle, Dance, Moves & Choreography
Email: stashaspanky@gmail.com

Kim Navarro

Coaches: Freestyle, Dance, Moves in the Field & Choreography
Email: knava16@aol.com

Dawn Peterson

Coaches: Hockey, Figure, Freestyle, Moves, Hockey & Power Skating

Email: dmpsunvalley@yahoo.com

Erin Reed

Coaches: Spins, Jumps, Basic Skills & Choreography
Email: erintreed@gmail.com

Frank Sweiding

Coaches: Freestyle, Pairs, Figures & Style
Email: fandaice@aol.com

Holly Wheeler

Coaches: Figures, Freestyle & Moves
Email: hollywheeler8@msn.com

Natalia Zaitseva

Coaches: Freestyle, Pairs, Power Stroking & Choreography TRX, Zumba & Off Ice Conditioning
Email: nzaya@mail.ru

Scott Irvine – Skating Director

**Coaches subject to change due to unforeseen circumstances.*



Sun Valley Skating School

Celebrating Our 78th Season!

Nestled in the middle of the spectacular Sawtooth Mountain Range is picturesque Sun Valley. There is no better place to train than the Sun Valley Skating Center which features:

- High altitude training
- Full-service skate shop
- Beautiful 180x90 foot outdoor rink
- Up to 20 sessions a day to choose from
- Full-size indoor rink with ballet studio & jumping harness
- International staff of over 20 top professionals & champions
- Over 10 different clinics offered by some of the most well respected professionals in the country

Registration

Weekly Rates:

Reservations are made on a Monday through Friday basis. Walk-on's for sessions at the Skating Center will be on a first-come, first-served basis at \$13.00 per session. Sessions fill up quickly. See the payment schedule sheet for individual and weekly prices for sessions and clinics.

Lockers: \$10 per week or \$30 per month.

Register for ice time:

For your convenience we now offer online registration at www.sunvalley.com/icelessons. Applications will be taken online, by mail or fax. Phone reservations cannot be accepted. All fees are due by June 1, 2014. Late applications may be accepted on space available basis. For information only please call 208.622.2192 or 208.622.2193.

Mailing Address:

**Scott Irvine - Sun Valley Ice Skating School
Sun Valley Resort
PO Box 10, Sun Valley, Idaho 83353**

If you would prefer to receive your application forms by mail please call 208.622.2193 or email your request to skatingcenter@sunvalley.com

Skating Clinics: Your Turn on The Ice

Dance with Our Stars

Whether you're a beginner or an experienced ice dancer, the stars of Sun Valley on Ice will help sharpen your skills. Join our rotating staff of dance coaches and feel the thrill of one of the hottest disciplines in skating.

Dates: 7/7–8/18

Cost: \$16 per class

Time: 4:10–4:35pm / Mondays

Spin to Win with Craig Heath

Class will focus on Craig's techniques to improve overall speed, length of spins and positions. With the new judging system in place, this is the perfect time to give extra attention to all of your spins.

Dates: 6/24–8/21

Cost: \$32 per week

Time: 8:30–8:55am / Tuesday & Thursday

Off-Ice Conditioning

Each day will focus on different strength and conditioning exercises, including stretching, off-ice jumps, dance, etc. To help build core strength and flexibility. Ballet studio.

Dates: 6/23–8/22

Cost: \$50 per week

Time: 11:30am–12:15pm / Mondays, Wednesdays & Fridays

Old School Edges with Lisa-Marie Allen

Class offers skaters a warm-up routine working on basic and complex movements using exercises with edges and turns. Helpful in strengthening overall skating skills and creative ability. Juvenile level & above. Indoor Rink.

Dates: 6/24–8/21

Cost: \$32 per week

Time: 3:35–4pm / Tuesday & Thursday

Jump Technique

Rotating staff of coaches will focus on various aspects of jump technique and practice exercises. Hone your jumping skills today.

Dates: 6/27–8/22

Cost: \$16 per class

Time: 4:10–4:35pm / Fridays

Stepping Out with Ashley Clark

Learn to perform like a pro. Each week a new dance combination is taught to music and developed to performance quality by Friday. Focus is on learning new step combinations, counting music, learning to perform and developing different styles.

Dates: 7/7–8/22

Cost: \$70 per week

Time: 3:10–3:35pm / Monday–Friday

Stroking with Natalia Zaitseva

Maximize your overall power on the ice through your edges, your knees and your feet. Exercises and drills will be adapted to all skating levels.

Dates: 6/23–8/22

Cost: \$40 per week

Time: 3:35–4pm / Monday, Wednesday & Friday

Sk8 Tricks with Craig Heath

Sk8 Tricks focuses on all the different traditional "show tricks" such as butterflies, illusions, hydroblading, spread eagles, stars, etc.

Dates: 6/27–8/22

Cost: \$16 per week

Time: 8:30–8:55am / Friday

Jump to Win with Craig Heath

Give your day a "JUMP" start with Craig's "Jump to Win." Class focuses on jump technique, exercise to improve jumping ability, solid landing positions & overall consistency.

Dates: 6/23–8/20

Cost: \$32 per week

Time: 8:30–8:55am / Mondays & Wednesdays

Theater on Ice with Gia Guddat

Skaters will explore a wide range of musical styles and ideas, with an emphasis on the dramatic and show business side of skating. Focus is on musical interpretation, character development, working with props and show skating moves. All levels of skaters are welcome.

Dates: 6/24–6/21

Cost: \$32 per week

Time: 4:10–4:35pm / Tuesday & Thursdays

Coffee Club (Adults Only)

Join us on the beautiful outdoor rink for a morning of learning & fun. Class is for adults only, taught by a rotating staff of professionals focusing on a different aspect of the sport each day. Skills include edges, moves, dance, choreography, style, musical interpretation and more. Coffee and general session included.

Dates: 6/23–8/22

Cost: \$75 per week

Time: 9:05–9:30am / Monday–Friday

Rhythm on Ice

Inspired by Latin rhythms, this easy-to-follow, calorie burning dance fitness party on ice is sure to put a spring in your step and a smile on your face. All levels welcome.

Dates: 6/22–8/23

Cost: \$16 per class

Time: 9:05–9:30am / Saturdays

Spiral in Style with Darlin Baker

Make your spirals sparkle and shine. Class will focus on basic spirals to advanced spirals, variations and extensions. Emphasis will be on technique, turn out, extension and flexibility, while working on sustaining positions and being creative.

Dates: 6/25–8/20

Cost: \$16 per week

Time: 4:10–4:35pm / Wednesdays

Figures 101

School figures are the basis for almost every element in skating. Join Michele Monnier and learn basic figure elements that inspired the modern sport. Twenty-five minute group instruction and patch session included.

Dates: 6/23–8/18

Cost: \$16 per week

Time: 7:40–8:05 / Mondays



Special Events

2014 Sun Valley Summer Championships / July 24–27

The annual Sun Valley Summer Championships. Official practice ice for the non-qualifying events begins Wednesday, July 23. Official events run Thursday, July 24 through Sunday July 27.

The Sun Valley Summer Championships offers events from Basic Skills to Senior in Compulsory, Free-Skate, Artistic, Showcase, Improvisation and Group Production and solo dance.

For more information please visit us online at www.sunvalleyfsc.com or email us at info@sunvalleyfsc.com.

Sun Valley FSC Summer 2014 Test Sessions

Sunday, August 3 - Application deadline is **July 18**

Sunday, August 31 - Application deadline is **August 15**

Applications can be downloaded from the SVFSC website www.sunvalleyfsc.com

10th Annual Adult Skaters Weekend / August 26–30

The adult's only weekend will include:

- 12 sessions with On Ice Seminars
- World-class presenters in Freestyle, Dance & Choreography
- On Ice activities and clinics fee \$360

Gondola ride and lunch are available w/an additional cost.

Call or go online for details at www.sunvalley.com/icelessons

Pro Skaters Live Competition / July 27

Pro Skaters Performance Camp / July 28–29

For more info visit www.proskaters.org